



NORTHERN PATH
Recovery Center

JULY NEWSLETTER

New Chapter, Stronger Roots

Van in the Spotlight: From Hammocks to Healing



We're excited to share that Van, a valued member of the Northern Path team since day one, was recently promoted to Milieu Coordinator!

In his new role, Van continues to bring structure, compassion, and dedication to our community.

When he's not at work, you'll find Van cooking and barbecuing for friends and family—or relaxing in his hammock, soaking in a well-earned moment of peace.

We asked Van what advice he'd give to someone in treatment. His response was simple, powerful, and so true: "Be selfish—this is for you. It shouldn't be about your siblings, your brothers and sisters, or cousins."

NPRC Embraces Spirit Week Fun!

This month, Northern Path Recovery Center hosted its very first Spirit Week—and it was a huge success! Staff and patients joined in the fun by dressing up as their favorite movie characters, sporting cozy pajamas, and more.

As you can see in the photo, Sports Day was a clear favorite among our staff. It was a great opportunity to build camaraderie, lift spirits, and celebrate the supportive culture we're proud of at NPRC. We're already looking forward to making Spirit Week a new tradition!





☀️ Alumni Spotlight: Meet Beau B. ☀️

We're proud to shine the spotlight on **Beau B.**, our **June Alumni Spotlight and first official Alumni Mentor** for our Northern Path Alumni Program!

With **over 80 days sober**, Beau is already making a powerful impact in our recovery community. When asked what motivates him, Beau shared:

"I love my daughter with all my heart, and I'm deeply grateful for the program of AA. Both have changed my life in ways I can't fully express."

Beau's honesty, strength, and commitment to recovery are an inspiration — and we're honored to have him lead the way as our very first mentor.

Let's give Beau a big congratulations and thank him for showing others what's possible on the path to recovery. 🙌

🔥 The Recovery Roast was a HIT! 🔥

Our June Sober Event brought the heat, heart, and fellowship — and we're still feeling the love! ❤️

From grilled favorites and sweet treats to music, water games, and bubble-blasting fun, this night had it all. More than just a cookout, it was a celebration of community, connection, and continuous recovery.

Missed it? Don't worry — we're just getting started. Stay tuned for more Northern Path Alumni sober events that bring the fun!



🎉 Happy Birthday to Our Amazing Alumni and Staff! 🎉

Wishing all our July birthdays a day filled with joy, reflection, and gratitude. Your strength and growth continue to inspire our community every day. Here's to another year of progress, purpose, and connection. ❤️

- Christal A. (Director of Nursing)
- Joshua B.
- Lyndsy B. (Utilization Review)
- Monique B.
- Selice B. (RN)
- Tonio P.
- Alexis S. (Alumni Coordinator)

☀️ Are You Ready for Summer?

Take a look at some of the upcoming events we have planned to help you stay connected and supported during the summer months! Whether you're looking for fun, fellowship, or just a chance to reconnect with others on the recovery journey, we've got something for you.

Check out what's coming up:

ALUMNI EVENTS SCHEDULE

NORTHERN PATH
Recovery Center
ALUMNI PROGRAM

2025	SUMMER
JULY 4TH	NAMI RUN, WHITE, AND BLUE 5K
FRIDAY	SHOAFF PARK, 6401 ST. JOE ROAD, FT WAYNE, IN
JULY 4TH	4TH ANNUAL 4TH OF JULY SOBER PARTY
FRIDAY	226 W WALLACE STREET, FT WAYNE, IN
JULY 19TH	ST. JOE PICKLE FESTIVAL
SATURDAY	6127 STATE ROAD 1, SAINT JOE, IN
JULY 25-26TH	FORT WAYNE PRIDE
FRIDAY-SATURDAY	HEADWATERS PARK, 33 S. CLINTON ST., FT WAYNE, IN
MORE INFO:	HTTPS://NPRC.GETCAREDFOR.COM

ALUMNI EVENTS SCHEDULE

NORTHERN PATH
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ALUMNI PROGRAM

2025	SUMMER
JULY 26TH	AA FAMILY FRIENDLY UNITY DAY
SATURDAY	FOSTER PARK PAVILLION 1, 3900 OLD MILL RD, FT WAYNE, IN
JULY 27TH	FAMILY/FRIENDS IN RECOVERY DAY
SUNDAY	WILLIAMS PARK- 3020 S. CALHOUN ST FT WAYNE
AUG	ALUMNI VS. STAFF CORNHOLLE TOURNAMENT
TBD	TBD
AUG 31	OVERDOSE AWARENESS LANTERN EVENT
SUN	TBD
MORE INFO:	HTTPS://NPRC.GETCAREDFOR.COM

☀️ June Coin Ceremony Highlights and Updates ☀️

Our recent Alumni Coin Ceremony was an inspiring evening of connection and celebration. We're excited to share a few important updates with you.

🏆 **Welcoming Our First Alumni Mentor: Beau B.**
Congratulations to Beau B., officially named our **first Alumni Mentor!** Beau continues to show dedication to his recovery and to supporting fellow alumni.

To serve as a mentor, alumni must:

- Have **60+ days sober**
- Encourage alumni involvement
- Participate on our **alumni app**
- Stay connected through **weekly alumni meetings**



Several alumni were recognized for their sobriety milestones—an amazing reflection of ongoing growth and commitment.

From left to right: Travis C. (30 days), Beau B. (60 days), Linda M. (30 days), and Dave M. (60 days).



Alumni Committee Announcement

Our Alumni Coordinator also introduced a new initiative, the **Alumni Committee**, a team dedicated strengthening our recovery network and providing support with organizing events.

Want to get involved? Reach out through the app or at our next meeting.

Note Straight from the Alumni Coordinator's Desk

Did you know there's a brand-new Referral Feature on our Northern Path Alumni App?

As alumni, you now have the power to help someone who may be in need of support. This new feature allows you to refer anyone you believe could benefit from treatment with Northern Path.

Here's how to find it:

- Open your Northern Path Alumni App
- Tap the three horizontal lines in the top-right corner
- Look for the eighth option

It's that simple. A few taps could lead someone to the help they need.

Thank you for being part of this incredible community — your support makes a difference!

